



**KRISTINA LIVERSIDGE**  
Owner/Director



# Andover School of Ballet

## WELCOME TO A NEW DANCE SEASON!

The Andover School of Ballet was established over 39 years ago in Andover, MA. Now under the directorship of Kristina Liversidge, the studio provides the highest quality dance education available in our area. Classes are offered for all levels, beginner through advanced, and for all ages, from 18 months through adult.

Dance training helps to develop grace, coordination, rhythm and a strong body, as well as creativity and artistry. Students experience self-confidence and a feeling of accomplishment through dance classes. They also learn to respect others as well as themselves and develop sound work habits. Students begin training in a basic level class based according to age, ability and level of training. As they progress, students will be promoted to a more advanced class level.

We offer many opportunities to our students during the year, including Dance Workshops, Dance Company for Intermediate through Advanced levels and our annual Spring performance. Master Classes with invited guest teachers may be offered during the year. Summer Dance Programs for 3 - 12 year-olds are available as well as Summer Dance Classes for Intermediate through Advanced levels.

Our professional faculty is highly trained and carefully selected for their abilities, knowledge and experience in teaching dance to children and adults. They are dedicated to making sure that our students fully develop their talents and achieve their goals. We are serious about your child's progress and we thank you for your interest in our studio.

Very truly yours,  
Kristina Liversidge  
Owner/Director

### CLASS RULES - students and parents please note:

1. Class dress codes will be strictly enforced to foster a positive learning experience.
2. No type of dangling jewelry may be worn in any class. Stud earrings are allowed for pierced ears **only**.
3. Long hair **must** be worn in a ballet bun for Ballet Level 1 and above, and in a **secure** ponytail for all other types of dance, and short hair **must** be pulled off the face for every class. Supplies needed for securing the hair are the responsibility of each student.
4. No food, drink (including **coffee**) or gum is allowed in the studios, lobby or dressing rooms. Students in **Level 2** and above of Ballet +/- Jazz & Tap may bring water bottles.
5. Leg warmers, short dance skirts and dance sweaters may be allowed in class, at the discretion of the teacher, **however**, no T-shirts will be allowed to be worn over leotards.
6. Parents/guardians agree that the Andover School of Ballet may freely use any and all photographs taken of students by the Andover School of Ballet and its agents.
7. As a parent/guardian, I am aware that dance training and the exercise associated with it can risk personal injury. On behalf of my child and myself I assume the risk and agree that the Andover School of Ballet, the owner, instructors, and property owners will not be liable in any way for injuries sustained during attendance nor for loss of or damage to personal property.

## CURRICULUM AND CLASS DESCRIPTIONS

Minimum Age Requirements **must** be met by Sept. 1, 2018

**Rhythm & Movement** (18 months - 3+ yrs. w/ parent)—An interactive creative dance class for parent/caregiver and child. Dance activities are built on the innate need of children to explore being with and without influence of an adult. Activities include moving to nursery rhymes, music, and occasionally singing. The use of props such as balls, hoops, and scarves is also included. **Wear comfortable clothing and bare feet.**

Our **Early Childhood Curriculum** is specially designed to provide children between 3 and 7 years of age with a strong foundation in dance and movement. It teaches the basic physical elements of dance and such intellectual concepts as self-awareness, creative expression through movement, imagination, teamwork, and fundamental body/health awareness. Students also learn the basics of classroom behavior and manners, which remain the same throughout their dancing years. Educators now know that training young children in the concepts of movement sequencing, patterning and spatial relationships lays a strong foundation for the later development of reading, mathematics and other educational skills. Children in our Early Childhood classes work actively in all these areas, learning dance skills with appropriate progression each year, which are based on knowledge of childhood development.

**Kinderdance** (3 - 4 yr. olds)

**Primary Dance 1** with Tap (4 - 5 yr. olds)

**Primary Dance 2** with Tap (5 - 6 yr. olds)

**Primary Dance 3** with Tap (6 - 7 yr. olds)

- Our Early Childhood classes are divided by age for the best benefit of the students. Each level includes basic dance steps, stretching, large locomotor movements, musical games and creative movement.

**Classical Ballet** (7 yrs. old & up) All Levels—Ballet is the foundation for almost all other types of dance technique. Proper training enhances coordination, and creates balance and flexibility. The emphasis is on clarity, precision, correct technique and body mechanics. Classes consist of barre work, adagio and allegro center floor work and traveling combinations. Proper French ballet terminology is used in all classes. We encourage and recommend that the serious ballet student who wishes to progress into pointe shoes begin her training for this next logical step by taking ballet classes at least twice a week. This extended training should begin no later than Ballet Level 3. Students at higher levels should consider taking a minimum of 3 ballet classes per week. Students who have mastered the necessary ballet technique and are entering Ballet Level 4 may be recommended by their teacher for demi-pointe or pointe shoes and for our *Demi-Pointe* and *Pointe* classes. All students must have permission from their teacher(s) to begin and continue demi-pointe and pointe classes.

**Pointe** *Twice/Week* (12 yrs. old & up)—Students are chosen for pointe class on an individual basis at the discretion of the teacher. All Pointe students must also take ballet class at least twice a week. (Advanced Pointe students - three times a week or they **cannot** take Pointe.)

**Jazz/Tap/Hip-Hop/Lyrical/Contemporary/Modern Dance** (All Levels)—These classes include warm-up exercises and stretching, center floor exercises, traveling combinations and choreographed routines.

**Jazz** (7 yrs. old & up)/ **Hip-Hop** (10 yrs. old & up)—Jazz and Hip-Hop are exciting forms of dance seen on television, stage and films, combining the discipline of correct technical training with an emphasis on over-all conditioning, stamina and developing different performance styles. The latest dance moves are taught using popular music as well as show tunes.

**Tap** (7 yrs. old & up)—Tap is a dance form that expresses an intricate rhythmic pattern to various types of music. It develops flexibility, coordination, balance, musical timing and is fun! It is very useful to those interested in musical theatre or professional performing.

**Lyrical** (J&T 4 & Ballet 4+ levels & up)—Lyrical is a form of dance that expresses emotions through smooth and controlled movements. Using the lyrics of songs as inspiration, students will express themselves as well as learn poise and correct placement of the body.

**Modern Dance** (9 yrs. old & up) Modern dance is more experimental than classical ballet. The technique develops a freer use of the body using concepts including contraction and release, fall and recovery, floor work, use of spiral, weight shifting, and isolations.

**Contemporary Dance** (J&T 5 & Ballet 5 levels & up) This is a dance form combining both modern dance and classical ballet elements, and includes elements from jazz, postmodern, somatic movements, and lyrical dance. It also uses the modern dance concepts of spiral, weight shift, contraction, fall and recovery, etc., and often incorporates gesture and staccato movements in opposition to more fluid movements.



# Andover School of Ballet

14 Park Street - Andover MA 01810

**978-475-5919**



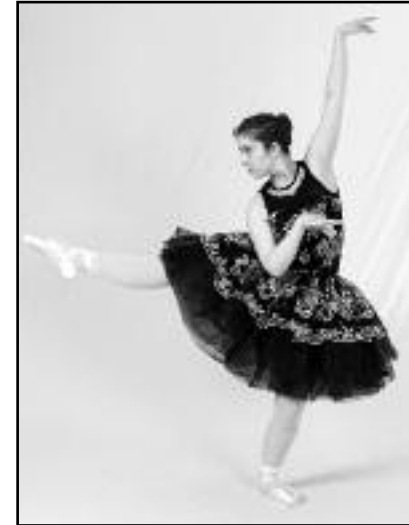
*Primary Dance  
Rhythm & Movement*

*Jazz  
Tap  
Lyrical*



*Classical Ballet  
Modern Dance*

*Hip-Hop  
Stretch*



© Peter Noel Photography

DEDICATED TO THE EDUCATION OF CHILDREN,  
TEENS AND ADULTS THROUGH THE  
**ART OF DANCE**

**Kristina Liversidge**  
Director and Owner

**CALL FOR CLASS AVAILABILITY**

**To the Parents of:**

**Please call the studio to inquire about class availability!**

*The Andover  
School of Ballet*

P.O. Box 5070, Andover, Ma 01810

[www.andoverschoolofballet.com](http://www.andoverschoolofballet.com)

## 2018-2019

TERM: September 8, 2018 - May 24, 2019

FIRST SEMESTER: September 8, 2018 - January 18, 2019

SECOND SEMESTER: January 19, 2019 - May 24, 2019

### CHILDREN & TEENS

**\* Listed Minimum Age Requirements MUST be met by September 1, 2018 \***

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
								9:15 - 10:00am Kinderdance 3-4 year-olds		8:30 - 9:00am Rhythm & Movement (with caregiver) 18 mo. - 3+ yrs.	
								10:15 - 10:45am Rhythm & Movement (with caregiver) 18 mo. - 3+ yrs.		9:15 - 10:00am Kinderdance 3-4 year-olds	9:30 - 10:30am Primary Dance 3 (with Tap) 6-7 year-olds in Grade 1
								1:00 - 2:00pm Primary Dance 1 (with Tap) 4-5 year-olds		10:00 - 11:00am Primary Dance 1 (with Tap) 4-5 year-olds	10:30 - 11:30am Ballet Level 1
4:00 - 5:30pm Ballet Level 3	3:45 - 4 :45pm Ballet Level 1	3:45 - 5 :00pm Jazz Level 4 "Live Wires 1"	4:00 - 5:00pm Primary Dance 2 (with Tap) 5-6 year-olds in Kindergarten		4:00 - 5 :30pm Ballet Level 3	4:00 - 5:00pm Primary Dance 3 (with Tap) 6-7 year-olds in Grade 1	4 :00 - 5:00pm Jazz & Tap Level 2	3:30 - 4 :45pm Contemporary Dance* For B 5 or J&T 5 & above *also must take another class		11:00am-12:00pm Primary Dance 2 (with Tap) 5-6 year-olds in Kindergarten	11:30a - 12:30p Ballet Level 2
	4:45 - 5 :45pm Ballet Level 2	5:00 - 5 :30pm Tap Level 4 "Live Wires 1"	5 :00 - 6:00pm Modern Dance 1 open to Grade 4 & 5	4:30 - 6 :00pm Ballet Level 3+		5:00-6:15pm Jazz & Tap Level 3	5:00-6:30pm Ballet Level 5	5:00-6:00pm Hip-Hop Open to Age 10 and up		12:00 - 1 :00pm Jazz & Tap Level 1	12:30 - 2 :00pm Ballet Level 3
5:45- 7:15pm Ballet Level 4	5:45- 7 :15pm Ballet Level 6	5:30 - 6 :45pm Jazz Level 5 "Live Wires 2"	6 :00 - 7:30pm Modern Dance 2 open to Grade 6 & above	6:00 - 7 :30pm Ballet Level 5+	6:00 - 7 :30pm Ballet Level 4+	5:15- 6 :30pm Lyrical Dance Age 12 & up in J&T4 or Ballet 4+ & above		6:30- 7:00pm Pointe 2 & 3 (w/permission) Must be enrolled in Fri. Ballet 5		1:00 - 2 :00pm Jazz & Tap Level 2	
7:15-7:45pm Demi-pointe & Pointe 1 (w/permission) Must be enrolled in Mon. Ballet 4	7:15-7:45pm Pointe 4 (w/permission) Must be enrolled in Mon. Ballet 6	6:45- 7:30pm Tap Level 5 "Live Wires 2"	7:30 - 8 :30pm Ballet Open Level Adult & Teens	7:30 - 8 :00pm Pointe 3 & 4 & Adv. Pointe (w/permission) Must be enrolled in Wed. Ballet 5+	7:30 - 8 :00pm Demi-pointe & Pointe 1 & 2 (w/permission) Must be enrolled in Wed. Ballet 4+	6:30-7:30pm Stretch 'n' Strengthen Adults & Teens				2:15 - 3 :30pm Jazz & Tap Level 3	2:30 - 5 :00pm ASB Dance Company by Audition
7:45- 8 :30pm Begins 2/4/19 Parent/Child Recital Dance Reshersals By lottery						8:00 - 8 :30pm Advanced Pointe Only		7:30- 8 :30pm Ballet Open Level Adults & Teens			

A minimum enrollment is required for a class to be scheduled. We reserve the right to cancel a class if a minimum enrollment is no longer maintained.

#### GRANDE FINALE PERFORMANCE INFORMATION

Each Spring we offer a performance in which our students may show their accomplishments. THE GRANDE FINALE is an informal demonstration performed at a local auditorium. Jazz & Tap levels 4 & 5 ("Live Wires 1 & 2"), ASB Dance Company, and Advanced Pointe classes will perform in two Shows. All other classes will be assigned to one show. Kinderdance classes will have an in-studio performance on a Spring date to be announced. Rhythm & Movement, and Adult students do not participate in the performance.

**Please note**, while it is not a requirement to perform in The Grande Finale, we MUST KNOW your intentions no later than Jan. 20th (or by Dec. 1st for students in classes purchasing costumes) so we can choreograph for each class accordingly. **Regrets Only Please, given in writing.** Otherwise we will assume you are performing.

**ALL PRIMARY DANCE AND CLASSICAL BALLET STUDENTS** (except for Adv. Pointe Class) will wear their class uniform as a costume in the Grande Finale. A \$10.00 Recital Headpiece/Belt charge will be added into the 2nd semester tuition statements.

**JAZZ, HIP-HOP, TAP, LYRICAL, MODERN, CONTEMPORARY, ADV. POINTE, & PARENT/CHILD STUDENTS** Costumes are purchased ready-made and cost between \$65.00 and \$75.00 each, including postage and handling. A costume deposit of \$65.00 per costume is due by November 10. After costumes have been ordered (December 12th) there are **NO REFUNDS** or **CANCELLATIONS**. Any costume balances must be paid by February 10.

#### TENTATIVE PERFORMANCE DATES: The Grande Finale

Dress Rehearsal\* ..... Sat., May 18  
Performances\* ..... Sun., May 19

\* All performing students are required to be at Dress Rehearsal and assigned performances.

YOUR PERFORMANCE WILL BE ANNOUNCED IN JANUARY

#### PEEK WEEKS - Parents may watch our classes during one "peek week" per semester.

Please see our 2018-19 calendar page for details.

#### WANTED - Parade Marchers - Sign up in the office by October 15<sup>th</sup>.

Volunteer students (Grade 1 & up) and parent chaperones wanted to march in Andover's **Holiday Parade** on Sunday, November 25, 2018. An Andover School of Ballet jacket will be needed - order forms available in September in the office.

#### WANTED - Parent/Child Recital Dance Performers

Volunteer Parents are wanted to dance in our recital with their children ages 8 - 12. Lessons are \$70.00 and will begin February 4th. Class size is limited and a lottery may need to be held. **Sign up in the office by October 15th**, as a costume must be purchased for the child.

#### ADVANCED LEVEL CLASSES:

Jazz & Tap levels 4 and 5 ("Live Wires 1 & 2"), Advanced Pointe, and Andover School of Ballet Dance Company: These classes are our most advanced classes and will be performing in two **Grande Finale** shows. These dance levels will be **required** to take a minimum number of dance classes during the spring/summer session.

#### GRANDE FINALE PERFORMANCES - tentative dates

May 18 (Dress Rehearsal) & May 19 (Performances)

#### TUITION POLICIES 2018-2019 - PLEASE READ!

- Our dance curriculum follows a planned progression throughout the **entire school year**. The best **benefit** and **progress** for each student will come from consistent attendance for the whole dance school year. **Tuition** for the year is divided into 2 equal semester payments, due when the semester begins, and is **paid regardless of absence**. A monthly payment plan may be arranged - please contact us. Also contact us regarding pro-rating tuition for a partial semester.

- A \$25.00 **LATE FEE** is charged for all payments not received by their due date. We appreciate your prompt attention to all payment due dates.

- Service charge for **ALL RETURNED CHECKS \$25.00**.

- **Refund Policy:** To withdraw and receive a partial refund of tuition from the date of notification, a student must give **written notice** to the office before Nov. 1st {for 1st semester} or March 1st {for 2nd semester}. After the above dates there are **no cash refunds** for withdrawing from any or all classes.

- All classes missed for any reason may be made up during the same semester in which they are missed. **No cash refunds** or **credits** can be carried over to the next semester.

- Each class is guaranteed to meet a minimum of 32 times during the class year. Should any one class meet less than 32 times due to bad weather, etc., make-up classes are available.

- In case of inclement weather, please call the studio 1 hour before your class to see if dance has been cancelled. Classes MAY be held even if regular school is cancelled, so please CALL.

STUDIO YEAR ..... September 8 - May 24

FIRST SEMESTER ..... September 8 - January 18

SECOND SEMESTER ..... January 19 - May 24

#### TUITION FEES 2018 – 2019

Annual Registration Fee ..... \$15.00 per child ..... **OR** \$25.00 per family if more than 1 child is enrolling.

This non-refundable fee is paid by all students to process each form and to secure your place in class.

#### Total Hours of Class/Week/Child Tuition Per 16 week Semester

A monthly payment plan may be arranged – please contact the studio.

Tuition may also be pro-rated for a partial semester.

30 Min. ....	\$126.00
45 Min. ....	\$189.00
1 Hour ....	\$252.00
1¼ Hours ....	\$315.00
1½ Hours ....	\$378.00
1¾ Hours ....	\$441.00
2 Hours ....	\$504.00
2¼ Hours ....	\$541.00
2½ Hours ....	\$598.00
2¾ Hours ....	\$658.00
3 Hours ....	\$675.00
3¼ Hours ....	\$689.00
3½ Hours ....	\$741.00
3¾ Hours ....	\$795.00
4 Hours ....	\$817.00
4¼ Hours ....	\$849.00
4½ Hours ....	\$867.00
4¾ Hours ....	\$898.00
5 Hours ....	\$932.00

Call the studio for pricing over 5 hours/week.

\*NEW Students: Contact us to schedule a FREE Trial Class or a dance level placement class

#### DRESS CODE 2018-2019 \*EXACT UNIFORMS ARE REQUIRED!

You may purchase all dancewear at **Toe, Tap 'N Tights, 5 Kelly Rd. (at Rt. 28) Salem, N.H.**  
OR at **Damien's Dancewear, 23 Druan Hill Rd., Chelmsford, MA**

Please take this list with you and refer to it when you purchase your uniform.  
PLEASE NOTE: Dance shoes MUST fit snugly and MAY NOT be bought with "room to grow"

#### GIRLS - PRE-BALLET AND BALLET CLASSES:

**Kinderdance** 1. *Pink* Nylon/Lycra Dance Dress, **Motionwear** #4354 (color #472)  
2. *Ballet Pink* (BAT) Tights, **Body Wrappers** #C30  
3. *Pink* Ballet Shoes, **Bloch** #S0205G

**Primary Dance** 1a). For Pri. 1- *Pink* Nylon/Lycra Dance Dress, **Motionwear** #4354 (color #472)  
1b). For Pri. 2- *Periwinkle* Cotton/Lycra Dance Dress, **Motionwear** #4354 (color #524)  
1, 2, & 3 w/ Tap 1c). For Pri. 3- *Butter* Cotton/Lycra Dance Dress, **Motionwear** #4354 (color #522)  
Each level needs their dance dress plus #2, #3, and #4 at right  
2. *Ballet Pink* (BAT) Ballet Tights, **Body Wrappers** #C30  
3. *Pink* Ballet Shoes, **Bloch** #S0205G  
4. *White* Tap Shoes - ribbon ties MUST be replaced with elastic straps

**Ballet 1 and Ballet 2** 1. *Light Blue* Cotton/Lycra Tank Leotard, **Motionwear** Classwear #2100 (color #142)  
2. *Light Blue* Pull-on Skirt, **Motionwear** #1011 (color #063)  
3. *Ballet Pink* (BAT) Tights, **Body Wrappers** #C30  
4. *Pink* Ballet Shoes, **Bloch** #S0205G

**Ballet 3 and Ballet 3+** 1. *Black* Nylon/Spandex Tank Leotard, **Capezio** #TB142  
2a). For **B-3** - *Black* Wrap Skirt, **Bloch** #R5130 (smaller child) or **Capezio** #N272  
2b). For **B-3+** - *Floral* Wrap Skirt, to be purchased at dance studio  
3. *Ballet Pink* (BAT) Tights, **Body Wrappers** #C30 (or A for Adult)  
4. *Pink* Split-Sole Ballet Slippers, **Bloch** Prolite II, #S0203G (L for Ladies)

**Ballet 4 & 4+ and Pointe 1\* or Demi-Pointe\*\*** 1. *Hunter Green* Cotton/Lycra Princess Tank Leotard, **Capezio** #CC202  
2. *Floral* Wrap Skirt, to be purchased at dance studio  
3. *Ballet Pink* (BAT) convertible-foot Tights, **Body Wrappers** #A31  
4. *Pink* Split-Sole Ballet Slippers, **Bloch** Prolite II, #S0203L  
*European Pink* \*Pointe OR \*\*Demi-Pointe Shoes (with permission only)

**Ballet 5 & 5+ and Pointe 2 & 3\*** 1. *Burgundy* Cotton/Lycra Princess Tank Leotard, **Capezio** #CC202  
2. *Floral* Wrap Skirt, to be purchased at dance studio  
3. *Ballet Pink* (BAT) convertible-foot Tights, **Body Wrappers** #A31  
4. *Pink* Split-Sole Ballet Slippers, **Bloch** Prolite II, #S0203L  
\**European Pink* Pointe Shoes (with permission only)

**Ballet 6 and Pointe 4\* Adv. Pointe\*** 1. *Deep Purple* Tactel/Lycra Wide Strap Leotard, **Capezio** #TC0053W  
2. *Deep Purple* Wrap Skirt, **Capezio** #TC0012 {Med/Lrg. Adult recommended}  
3. *Ballet Pink* (BAT) convertible-foot Tights, **Body Wrappers** #A31  
4. *Pink* Split-Sole Ballet Slippers, **Bloch** Prolite II, #S0203L  
\**European Pink* Pointe Shoes (with permission only)

#### GIRLS - JAZZ / TAP/ HIP-HOP / LYRICAL / CONTEMPORARY / MODERN DANCE CLASSES:

**Leotard:** J&T 1, 2, & 3: - *Black* Short-Sleeved Scoop Neck Leotard (nylon or cotton)

**For All Others:** - *Black* Leotard, any style

**Shorts:** **For All:** (optional) - *Black*, snug shorts (Body Wrappers #181 or #281 or similar)

**Tights:** **Jazz/ Hip-Hop:** - *Jazzy Tan* (JTN) footed tights, **Body Wrappers** #C30

(or A for Adult)

**Lyrical /Contemporary/Modern Dance:** - *Jazzy Tan* (JTN) stirrup tights,

**Body Wrappers** #A32

**Shoes:** **Jazz** - Levels 1 & 2 & 3: - *Tan* split-sole jazz oxfords, **Bloch** #S0405

**Tap** - Levels 1 & 2 & 3: - *Caramel* color "Mary Jane" tap shoes, **Capezio** #3800

**Jazz** - Levels 4 & 5 {"Live Wires"}: - *Tan* split-sole, slip-on jazz shoe, **Bloch** #S0495L

**Tap** - Levels 4 & 5 {"Live Wires"}: - *Tan* oxford tap shoe, **Bloch** *Tapflex* #S0388

**Hip-Hop:** - *Black*, split-sole, low dance sneakers, **Capezio** #DS24/ DS24C

**Lyrical /Modern:** - Foot Undeez, in color to match dancer's skin, **Capezio** #H07

**Contemporary:** - *Flesh* Spin II modern half-sole, **Bloch** #S0639SL

#### BOYS - ALL DANCE STYLES - ALL LEVELS:

**Shirt:** **For All:** - *White* Nylon/Lycra Short Sleeved Crew-neck Shirt, **Body Wrappers** #B400 (#M400 adult)

**Pants:** **For Ballet:** - *Black* Nylon/Lycra Bike Shorts, **Body Wrappers** #B192 (or #M192 -adult) OR *Black* Nylon/Lycra Ankle Pants, **Body Wrappers** #B197 (or #M197 -adult)

**For Jazz, etc.:** - *Black* Nylon/Lycra Bike Shorts, **Body Wrappers** #B192 (or #M192 -adult)

OR *Black* Nylon/Lycra Pants, **Body Wrappers** #B191 (or #M191 -adult)

**For All in B1 +/or J & T1 and above:** - Dance Belt (undergarment)

**Shoes:** **Ballet:** - *Black* Ballet slippers, **Bloch** or **Capezio** brand (Split-sole for level 3 & above)  
**Jazz Levels 1, 2, 3:** - *Black* leather, split-sole, lace-up jazz shoes, **Bloch** or **Capezio** brand  
**Jazz Levels 4 & 5:** - *Black* leather, split-sole, slip-on jazz shoes, **Bloch** or **Capezio** brand  
**Tap/ PreB & Tap:** - *Black* oxford-style tap shoes, **Bloch** or **Capezio** brand  
**Hip-Hop, Lyrical, Contemporary or Modern Dance:** - see shoe list above

**NO T-shirts may be worn over leotards in any class - Dance sweaters, leg warmers & girls' jazz pants may only be worn with the permission of your teacher.**